

CLUB MEMBER

IMPACT SUMMARY

The National Saturday Club places an open and reflective approach to learning, tracking progress and refining practice, at the heart of its programme development. Through our evaluation processes, we invite feedback from all key stakeholders including the young people. It is through this approach to listening and iteratively responding to feedback that we continually refine and develop the programme to improve in quality and output, cultivating a delivery framework that is informed by our beneficiaries and partners.

This document outlines the consistent impacts for the Club members that have been captured for over ten years of National Saturday Club.

ABOUT THE NATIONAL SATURDAY CLUB

The National Saturday Club gives 13–16 year olds across the UK the opportunity to study subjects they love for free at their local university, college or cultural institution. In 2021–22, 2,000 young people will attend 80 Saturday Clubs in 59 locations nationwide. This transformational programme is made possible by the energy and commitment of 350+ tutors, 370+ student assistants, and 500+ industry partners.

The National Saturday Club programme is a transformational experience for young people. Independent evaluation has shown that the programme enhances well-being and confidence, builds practical and transferable skills and develops young people's understanding of future study and career pathways. This conclusion is supported by robust research and evaluation of the impact on beneficiaries:

Widening Participation

Over the past 4 years, the percentage of young people engaging in the programme from widening participation backgrounds¹ has increased from **46%** in 2018 to **72%** in 2021. The Club's **25%** minority ethnic membership is significantly higher than national averages for the population. In 2020–21, **63%** of the widening participation young people who engaged in the programme were not taking part in any other out-of-school activities.

Tangible Pathways to Further Study and Future Careers

The Club informs Club members' decisions about future pathways. It offers an introduction to new subject areas, demonstrates a breadth of career and future study options and empowers young people to make informed decisions regardless of background. The 13–16-year-old National Saturday Club cohort is at a crucial age (Year 9 to 11) making subject choices for GCSE and A-Level.

At the end of the year long programme:

77% say they know more about further study options
70% say the Club has influenced their future plans

These impacts have been greater for widening participation Club members, particularly those who speak English as an additional language², those with a disability³ and those from a minority ethnic background⁴. Clubs provide information to parents so that they can better support their children to make educational decisions⁵.

Nurturing skills for the future world of work

Learning and developing new skills were the main reasons young people gave for joining the National Saturday Club:

95% found the Club fulfilled their expectations

100% experienced a broad range of activities

95% say that they developed practical skills for this subject

92% say their passion for the subject has increased

Many Club members create a portfolio with their Saturday Club work, which they submit towards their GCSEs and other awards such as Crest Award and Arts Award.

New experiences and high-quality opportunities: The national events (London Visit, Industry Masterclass, Summer Show, Graduation Ceremony) provide new experiences which directly contribute to the social and emotional benefits that young people gain:

30% had not been to a London museum or gallery before

15% had not been to any museum or gallery before

98% said the London Visit was a positive experience

92% agree that meeting industry professionals at the Masterclass was inspiring

¹ Those who receive free school meals; who have experience of the care system; speak English as an additional language; those who experience disability (mental and physical); those whose parents haven't been to university; are from a black, asian or minority ethnic background, SEND young people and those who live in the 30% most deprived category 5 & 6 opportunity areas [IMD].

² **86%** of EAL (English as an additional language) Club members found they know more about further study options and that the Club has influenced their future plans

³ **89%** said the Club influenced their future plans

⁴ **83%** know more about future study options

⁵ **78.5%** of students say their parents are the ones who help them make career decisions and **56%** of the students stated that parents had the most influence over their career choices, far higher than that of teachers at **16%**. 2016 survey by All About School Leavers in partnership with YouGov [LINK](#)

Enhancing well-being

The year-long sustained engagement, free from assessment pressures, creates a friendly and supportive learning community in which Club members find a forum for expression and connection. This holistic approach develops confidence, a growth-mindset and improves wellbeing:

97% said the Tutors were approachable and knowledgeable

97% found the programme stimulating and engaging

90% said they had grown in confidence. This was particularly felt by those from widening participation backgrounds who were **10%** more likely to have grown in confidence than their non-WP peers⁶.

Creative Capacities

The Creative Habits of Mind⁷ model distills creativity to five capacities: imagination, persistence, discipline, inquisitiveness and collaboration. Capacities sought by industry for the future world of work⁸. The NSC programme successfully instills these capacities in young people. Highest scoring were imagination, inquisitiveness and collaboration:

85% said the Club has helped them follow intuition

87% found their better at sticking with difficulty

90% are better at crafting and improving their own work

98% reported an increase in at least one of these creative capacities

Collaborative skills were particularly cultivated by the Club members from widening participation backgrounds, specifically those who receive free school meals, are from a minority ethnic background or have a disability⁹.

⁶ **95%** of WP Club members agreed that they have grown in confidence because of the Saturday Club compare to **85%** of non-WP Club members.

⁷ Creative Habits of Mind formative assessment model, initially seeded by the Arts Council England and further developed by Guy Claxton, Bill Lucas and Ellen Spencer at the Centre for Real World Learning at Winchester University.

⁸ "Looking at 39 transferable skills, creativity is consistently identified as the most significant predictor for the likelihood of growth for an occupation

between now and 2030. Other transferable skills include communication skills, team building, and successfully meeting deadlines." NESTA, Creativity and the Future of Skills, 2018

⁹ Young people from WP backgrounds were **14%** more likely to agree that they enjoy working with others more as a result of the Saturday Club. This increase was **8%** higher for those who receive free school meals and those from a minority ethnic background and **20%** higher for those with a disability.

*photo credit: London Screen Academy



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NATIONAL SATURDAY CLUB